

# Diabetes Mobile Apps



Free  
Android  
Iphone

## Fooducate

- Provides weight loss coaching
- Monitors carbs, moods, hunger sleep, exercise
- Helps you make smarter choices, pros & cons of food



Free  
Susp. \$ 59.95  
Android  
Iphone

## Glooko

- Tracks medicine taken, carbs and lifestyle information
- Communicates with CGM, insulin pump, meters and fitness trackers
- Graphs progress and anticipates trends



Free  
Android  
Iphone

## Health2Sync

- Invites friends to partner with you for support and motivation
- Tracks of your blood pressure, weight and glucose information



Free  
Android

## Glucosio

- Tracks A1c, weigh, ketones, cholesterol, blood pressure
- Forums available for support



Free  
Susp. \$ 3.99  
Android  
Iphone

## MyNetDiary Pro: Calorie Counter and Food Diary

- Tracks food, weight, A1c
- Sets weight and exercise goals
- Maintains a large food database



Free  
Susp. available  
Android  
Iphone

## MySugr

- Syncs with other devices.
- Provides feedback to help you reach your goals
- Estimates your A1c



Free  
Iphone

### Diabetes in Check: Coach, Blood Glucose & Carb Tracker

- Tracks glucose and other vitals
- Has a reference guide for best foods to eat
- Contains diabetes recipes



Free  
Android  
Iphone

### MyFitness Pal

- Maintains large food database with bar scanner
- Helps track weight and nutrients
- Remembers favorites and can analyze recipes



Susc. \$ 2.99  
Iphone

### Figwee

- Maintains a large food database
- Provides visuals of food with high quality pictures
- Adjusts serving size



Free  
Android  
Iphone

### MyPlate Calorie Tracker

- Helps set goals
- Tracks food, weight
- Syncs with fitness devices



Free  
Susc. available  
Android  
Iphone

### Medisafe and Pill Reminder

- Tracks medications
- Tracks vitals



Free  
Susc. available  
Android  
Iphone

### Calm

- Helps with relaxation and meditation
- Provides guided imagery