



NEPHROLOGY • HEALTH HISTORY  
CONFIDENTIAL

PATIENT NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ DATE: \_\_\_\_\_

LIST ANY MEDICATION ALLERGIES AND THE REACTION: \_\_\_\_\_

REACTION: \_\_\_\_\_

WHAT IS THE REASON YOUR DOCTOR SENT YOU TO SEE A KIDNEY SPECIALIST? \_\_\_\_\_

WHEN DID THE PROBLEM START? \_\_\_\_\_

PLEASE ✓ IF YOU HAVE EVER HAD ANY OF THE FOLLOWING. USE THE \_\_\_\_\_ SPACE TO PROVIDE DETAILS AND / OR YEAR OF ONSET.

**KIDNEY DISEASE HISTORY**

CKD (chronic Kidney Disease):

Stage 1       Stage 4

Stage 2       Stage 5

Stage 3       Unknown

Kidney Transplant: Year: \_\_\_\_\_

Type:  Cadaveric    Living Related    Living Unrelated

Dialysis: Year Started? \_\_\_\_\_ Year Stopped? \_\_\_\_\_

Type:  Hemodialysis    Peritoneal Dialysis

Polycystic Kidney Disease

Acute Kidney Injury or Acute Renal Failure

Details (including year): \_\_\_\_\_

Glomerulonephritis

**PROTEIN IN URINE (PROTEINURIA)**

**DIABETES**

Diabetes Type 1

Diabetes Type 2

Diabetes Type Unknown

What year were you first told of this diagnosis? \_\_\_\_\_

**HIGH BLOOD PRESSURE**

What year were you first told of this diagnosis? \_\_\_\_\_

**STROKE**

Year: \_\_\_\_\_

**GOUT**

**CANCER**

Lung \_\_\_\_\_  Lymphoma \_\_\_\_\_

Breast \_\_\_\_\_  Kidney \_\_\_\_\_

Prostate \_\_\_\_\_  Thyroid \_\_\_\_\_

Colon \_\_\_\_\_  Leukemia \_\_\_\_\_

Melanoma \_\_\_\_\_  Endometrial \_\_\_\_\_

Bladder \_\_\_\_\_  Pancreatic \_\_\_\_\_

Other: \_\_\_\_\_

**CARDIOVASCULAR**

Atrial Fibrillator

Pacemaker

AICD

Valvular Heart Disease or Heart Murmur

Congestive Heart Failure

**ISCHEMIC HEART DISEASE**

Heart Attack      Year: \_\_\_\_\_

Angina / Chest Pain

Angioplasty      Year: \_\_\_\_\_

Coronary Stent      Year: \_\_\_\_\_

CABG (Bypass Surgery)      Year: \_\_\_\_\_

**GENITOURINARY**

Enlarged Prostate or Prostate Problems

Kidney Stones

Frequent Bladder or Kidney Infections

\_\_\_\_\_  
Physician Signature

INITIALS: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**PAST MEDICAL HISTORY**

**PUMONARY**

- COPD
- Asthma
- Tuberculosis
- Sleep Apnea

**GASTROINTESTINAL**

- GERD (Gastric Reflux)
- Stomach / Bowel Ulcers
- Hepatitis
- Chron's Disease
- Ulcerative Colitis

**BLOOD DISEASE**

- Anemia
- Sickle Cell Disease
- Blood Transfusion

**IMMUNE SYSTEM**

- HIV
- AIDS
- Rheumatoid Arthritis
- Lupus
- Prednisone Use (Steroid)

**OB HISTORY (FEMALES)**

- Preeclampsia
- Pregnancy Induced Hypertension
- Gestational Diabetes
- History of Complicated Pregnancy
- Miscarriages

**OTHER**

- Osteoarthritis
- Osteoporosis
  
- Multiple Sclerosis
- Seizures
- Parkinson's
- Dementia
  
- Depression
- Anxiety Disorder
  
- Thyroid Disease

**SURGERY HISTORY**

- Prostatectomy Year: \_\_\_\_\_
- Nephrectomy (Kidney Removal) Year: \_\_\_\_\_
- Kidney Stone Procedures Year: \_\_\_\_\_
- Renal Transplant Year: \_\_\_\_\_
- AV Fistula or Graft for Dialysis (Circle) Year: \_\_\_\_\_
- Dialysis Catheter Year: \_\_\_\_\_
- CABG / Bypass Year: \_\_\_\_\_
- Carotid Endarterectomy Year: \_\_\_\_\_
- Heart Valve Replacement Year: \_\_\_\_\_
- Cholecystectomy Year: \_\_\_\_\_
- Appendectomy Year: \_\_\_\_\_
- Gastric Bypass Year: \_\_\_\_\_
- Hysterectomy Year: \_\_\_\_\_
- Thyroid Surgery Year: \_\_\_\_\_
- Hip Replacement Year: \_\_\_\_\_
  - Left  Right  Bilateral
- Knee Replacement Year: \_\_\_\_\_
  - Left  Right  Bilateral
- Other: Year: \_\_\_\_\_
- Year: \_\_\_\_\_
- Year: \_\_\_\_\_
- Year: \_\_\_\_\_

**IMMUNIZATIONS (DATE / YEAR)**

Pneumovax \_\_\_\_\_  
Flu Vaccine \_\_\_\_\_

**PREVENTION (DATE / YEAR)**

Mammogram \_\_\_\_\_  
Pelvic / Pap \_\_\_\_\_  
Colonoscopy \_\_\_\_\_  
Check for blood in the stool \_\_\_\_\_  
Rectal exam \_\_\_\_\_

INITIALS: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**REVIEW OF SYSTEMS**

Mark if any of these symptoms are new to you within the PAST 3 MONTHS

**GENERAL**

- Fever
- Weight Gain
- Weight Loss
- Fatigue
- Chills

**HEENT**

- New Vision Impairment
- Eye Pain
- Conjunctivitis
- Double Vision
- Hearing Loss
- Nose Bleeds
- Headache
- Hoarseness
- Vertigo

**REPIRATORY**

- Shortness of breath
- Shortness of breath at rest
- Shortness of breath w/activity
- Pain with breathing
- Cough
- Wheezing
- Blood in Sputum
- Night Sweats

**MUSCULOSKELETAL**

- Joint Swelling

**CARDIOVASCULAR**

- Chest Pain
- Palpitations
- Claudication or leg pain while walking
- Swollen Ankles
- How many pillows do you use to sleep? \_\_\_\_\_

**GASTROINTESTINAL**

- Abdominal Pain
- Nausea (persistent)
- Diarrhea
- Vomiting
- Constipation
- Loss of appetite
- Trouble swallowing
- Black stools

**GENITOURINARY**

- Urinary burning or pain
- Blood in urine
- Difficulty urinating
- Foamy urine
- Incontinence (urinary)
- How many times do you wake up at night to urinate? \_\_\_\_\_

**SKIN**

- Rash
- Skin Color Change

**ENDOCRINE**

- Heat Intolerance
- Cold Intolerance
- Excessive Thirst
- Excessive Urination

**NEUROLOGICAL**

- Neuropathy
- Seizures
- Fainting

**PSYCHIATRIC**

- Depression
- Anxiety

**PHYSICIAN COMMENTS**

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**SOCIAL HISTORY**

**CURRENT MARITAL STATUS**

- Married
- Separated
- Single
- Widowed
- Divorced

**LIVING ARRANGEMENT**

- Alone
- Family Member
- Spouse
- In home caregiver
- Significant Other
- Assisted Living Facility

**OCCUPATION**

- Retired
- Unemployed
- Student
- Employed:  Full Time  Part Time

Current Occupation: \_\_\_\_\_

**SOCIAL HISTORY - HABITS**

**TOBACCO USE**

- Current or former user
- Never used
- Unknown

- Cigarettes
- Chewing Tobacco
- Pipes
- Snuff
- Cigars

If a former user, what year did you quit? \_\_\_\_\_

If a current or former smoker, how often do / did you smoke?  Every Day  Some Days  Unknown

How many packs per day do / did you smoke? \_\_\_\_\_

How many total years have you used cigarettes? \_\_\_\_\_

INITIALS: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**SOCIAL HISTORY - HABITS (Continued)**

**ALCOHOL USE**

Current or former user

Never used

Occasional Alcohol (Social)

1 -2 per day

3 or more per day

If a former user, what year did you quit? \_\_\_\_\_

**RECREATIONAL DRUG USE**

Current user

Former user: Year Quit \_\_\_\_\_

Never used

Marijuana

Heroin

Cocaine

Amphetamines

Ecstasy

Barbituates

LSD

Opium

Other \_\_\_\_\_

**Other Social History Not Listed Above:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FAMILY HISTORY**

DO THE FOLLOWING FAMILY MEMBERS HAVE ANY OF THE FOLLOWING MEDICAL CONDITIONS?

**KIDNEY DISEASE**

Father

Mother

Sibling

Child

**DIABETES**

Father

Mother

Sibling

Child

**HIGH BLOOD PRESSURE**

Father

Mother

Sibling

Child

**ISCHEMIC HEART DISEASE**

Father

Mother

Sibling

Child

**CANCER** Type: \_\_\_\_\_

Father

Mother

Sibling

Child

**STROKE**

Father

Mother

Sibling

Child

**ADULT POLYCYSTIC KIDNEY DISEASE**

Father

Mother

Sibling

Child

**FAMILY HISTORY - STATUS**

Father:

Living

Deceased

Unknown

Age at death: \_\_\_\_\_

Cause of death: \_\_\_\_\_

Mother:

Living

Deceased

Unknown

Age at death: \_\_\_\_\_

Cause of death: \_\_\_\_\_

Other Pertinent Family History Not Listed Above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_