

Florida Medical Clinic – Joseph Cody, M.D.
Instructions for Colonoscopy (suprep)

Tell your Doctor if you have a Pacemaker or a Defibrillator OR if any recent cardiac events since you were seen in the office

Stop (14) fourteen days prior to your procedure: DIET pills, or prescribed diet pills like **Phentermine**.

Stop Anticoagulants/Anti-platelet agents prior to your procedure. Must confirm stop date with doctor.

- **Stop 4 days prior: Coumadin/warfarin**
- **Stop 2 days prior: Eliquis/Xarelto/Pradaxa**
- **Stop 5-7 days prior: Plavix/Effient/Brilinta/Aspirin**
- **Stop 5 days prior: NSAIDS Non-steroidal anti-inflammatory drugs**
- **Stop 5 days prior: Vitamins: E, Ginkgo, Fish Oil, Multi vitamin, Iron**
- **Tylenol is okay to take.**

Purchase at your pharmacy: SUPREP BOWEL PREP KIT

Follow these preparation instructions the day before your procedure:

- **If you are a Diabetic** it is okay to take your pills. However, if you take Insulin, take the a.m. dose as you usually do. (Same amount). TAKE only one-half (½) of your usual Night dose.
- **Clear liquid diet.** When you wake up first thing in the morning **START** your clear liquid diet. **Drink plenty of clear liquids all day to avoid dehydration.**
- **Clear fluids include-** water, apple juice, tea, white grape juice, sprite, 7up, ginger ale, lemon lime, Gatorade, lemonade, chicken or beef broth, Jell-O, Popsicles, or coffee with no cream or milk. No Red or Purple. No dairy. No solid foods.
 - **AT 5pm:** Start taking the Suprep Laxative- (Follow **STEPS** 1-4 listed on the side of the Suprep box).

ON THE MORNING of the procedure:

- **AT 2am:** Start taking the Suprep Laxative- (Follow **STEPS** 1-4 listed on the side of the Suprep box).
- Once the previous step is finished, **nothing by mouth until after your procedure.**
- Take Blood Pressure/Heart/Seizure Medications 4 hours prior to your procedure.

Please note: If you have an adverse reaction to the prep or the prep is incomplete, contact the on call physician after business hours at (813)280-7100.

Procedure Date & Time: _____

___ Florida Medical Clinic Surgery Center-14547 Bruce
B Downs Blvd-Tampa FL. 33613*Billing # 813-528-4848

___ AdventHealth Hospital Tampa -3100 E Fletcher Ave.
Tampa, FL 33613 Billing # 813-615-7848

___ AdventHealth Hospital Wesley Chapel -2600 Bruce
B Downs Blvd (behind Wiregrass Mall) Billing # 813-
615-7848

___ Brandon Surgery Center- 516 Vonderburg Dr. Brandon, FL
33511. (813) 699-1200 or (813) 654-7771

*****Because of sedation medications PLEASE do not plan on doing any driving on the day of your procedure. Therefore, someone will need to bring you to the surgery center and take you home afterwards, NO UBER, LYFT OR ANY OTHER FORM OF PUBLIC TRANSPORTATION*****

You will be RESPONSIBLE for a \$75 reschedule/cancellation/noshow fee if you do not give a '2' business day notice

****Call the Procedure Coordinator (813) 280-7100****